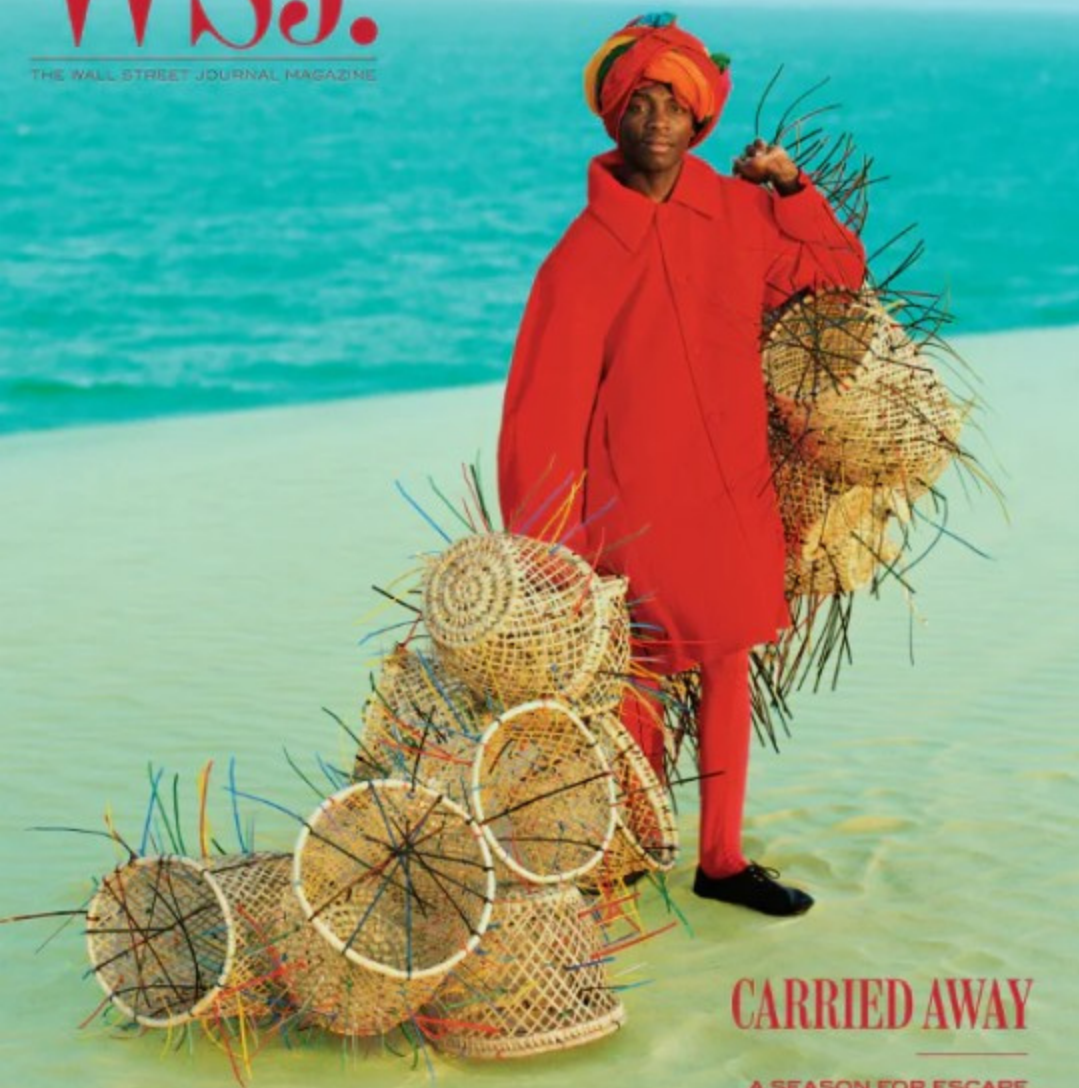


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CARRIED AWAY

A SEASON FOR ESCAPE

The latest in beauty, from classic to cutting edge.

BY FIORELLA VALDESOL



END THIS YEAR and start the next one right with these beauty essentials. More than a decade spent working on discerning clients' faces informed Miami-based esthetician Amy Peterson's Lenox and Sixteenth peptide moisturizer (1), made with antioxidants and hyaluronic acid. The Maker, the chicest place to stay in Hudson, New York, has released its version of the classic hotel amenity: the bar soap coconut and camellia-seed oils give it a creamy lather, and Rose Room (2) offers a light woody floral scent. DIY that viral body lymph massage with Esker's Lymphatic Drainage Dots (3), wearable patches infused with green tea and magnesium, then exfoliate with Lotion P50^T (4), a kinder, gentler version of Biologique Recherche's cult-favorite toner. Lotion P50. As temperatures drop and skin gets drier, soothe facial inflammation with Aunu's Manuka Salve (5), made with medical-grade honey, and hydrate with the radiance-boosting Essential Revitalizing Emulsion EX (6) by K-beauty pioneer Sulwhasoo. And until you can get to the iconic Switzerland-based longevity clinic Clinique La Prairie, try its refined health supplements, The Ultimate (7). For details see Sources, page 154.

POOCH PAMPERING



Lil Lev Dog Dry Shampoo
Dogs need to absorb oil and neutralize odor between wash days, too.



Biche Cloud Cleanser
This pH-balanced, subtly scented shampoo softens their coat without overdrying.



Always Off-Leash Always On-Leash
Everything Balm
A nourish oil-laced shea butter soothes for noses, paws and ears.